

Mountain Hiking in Armenia

4-day trail: June 28 – July 1, 2026

Arrival no later than June 27, 2026 or early morning June 28, 2026.

Please register by June 1, 2026. The best way is through the website:

<https://craneni.org/ru/registration/>

Armenia is the first Christian nation in the world and is built on an ancient culture with a history of more than 4,000 years. The trail passes through Dilijan National Park, known for its untouched breathtaking nature, churches and monasteries that are more than 1,000 years old, and the warm hospitality of Armenia. An experienced local Armenian guide will accompany us.

The route is part of the Trans-Caucasian Trail (TCT) — a project that will eventually span more than 3,000 km:

<https://transcaucasiantrail.org/en/home/>

Participants will mainly be blessed families and friends, hopefully also from Europe. Our hope is to show friends and community members the beauty of Armenia and give Armenian youth an opportunity to build friendships.

General Guidelines

1. We start hiking each day between 07:00 and 08:00 in the morning.
 2. There will be several breaks for rest and meals.
 3. Overnight stays will be in guesthouses and hotels booked in advance by the organizers.
 4. The team will prepare lunch boxes for the daytime hikes. Breakfast and dinner will be served at the hotels. Water will also be provided.
 5. Rain ponchos will be provided in case of rain.
 6. Take only what you need for the daily hike. Do not bring unnecessary or valuable items.
 7. Medical assistance will be available if needed. The organizers will have basic painkillers, stomach medicine, and UV protection cream. You may also bring knee or ankle supports if you occasionally experience pain.
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What to Bring

- A good attitude, a sense of humor, curiosity about the world, and determination.
- Comfortable walking shoes (new shoes should be worn for several days beforehand so they do not cause blisters).
- Light clothing for warm weather (T-shirts, hat or sun scarf) and warmer clothing for cooler temperatures (fleece or warm sweater), as well as wind and rain protection (light jacket or rain cape).

Short hiking shorts are recommended — they work well in heat and rain, dry quickly, and do not restrict movement. When walking, legs usually do not get cold; hands and head cool faster.

Light pants will be useful in the evening at a guesthouse or hostel.

Store spare clothes in a plastic bag (your backpack may get wet during heavy rain).

- Passport
 - Light, long-lasting food such as hard vegetables, dried fruits, nuts, and dark chocolate (only if necessary)
 - Mobile phone
 - Your backpack should not be heavy. Pack it so that nothing sticks out or presses against your back.
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Preparing for the Trip

Please prepare well. Walk more often and practice hiking beforehand. It is helpful to train for several weeks before the trip by walking a certain distance every day.

Route

Day 1

Arrival at the starting point: 10:00

Khachardzan – Gosh Lake

Gosh Lake – Goshavank

Distance: 11 km + 4.2 km

Walking time: 6.5 hours

Breaks: 1.5 hours

Arrival: around 19:00

Altitude difference: 1000 m (up and down)

Day 2

Goshavank – Dilijan

Start: 07:00

Distance: 20.5 km

Walking time: 10 hours

Breaks: 2.5 hours

Arrival: 19:30

Altitude difference: 1600 m

Day 3

Dilijan – Haghartsin Monastery

Start: 07:00

Distance: 26.9 km

Walking time: 11 hours

Breaks: 2 hours

Arrival: 20:00

Altitude difference: 1800 m

Day 4

Haghartsin – Hovk

Start: 07:00

Distance: 24 km

Walking time: 12 hours

Breaks: 2 hours

Arrival: 21:00

Altitude difference: 2300 m

Alternative route for a tired group (Day 4):

Haghartsin – mountain summit – return to Haghartsin

Walking time: about 8 hours

Breaks: 2 hours

Arrival: 17:00
